



RANGERS  
CHARITY  
FOUNDATION

ANNUAL  
REVIEW 19|20



A FORCE FOR GOOD

# WELCOME

Welcome to our Rangers Charity Foundation Annual Review.

Everyone at the Rangers Charity Foundation continues to hope that our supporters, charity partners, volunteers, friends, funders and all the children and adults we work with across the community are staying safe and coping with all the changes to daily life that we are experiencing as a result of COVID-19. It remains a very challenging time for the country and our thoughts are particularly with those who have lost loved ones as a result of the virus or indeed for any reason.

Like many charities, the Rangers Charity Foundation has been significantly impacted by COVID-19, and in some respects, this Annual Review reflects a 'before' and 'after' with regards to the way in which this virus has impacted our activities. However, it is clear that our mission to be a force for good on behalf of the Rangers Family has been steadfast throughout the year and there are so many wonderful achievements for us to take heart from, be proud of and to share in this review.

The 2019/2020 financial year represented the final year of a three year strategy built upon six key pillars of work: Education; Employability; Health and Wellbeing; Diversity and Inclusion; Our Local Community and Champions for Charity. Our impact and achievements in each of these areas has grown considerably during this time despite the relatively modest size of the core staff team together with our fantastic community coaching staff - to all of whom great credit is due!

During the year, we delivered over 20 community programmes reaching 7,509 people of all ages. Within this, our Hub in the Community initiative at Govan High School celebrated outstanding impacts for young people and agreement was reached to open two new initiatives at Knightswood Secondary School and Drumchapel High School, our Autism Friendly Football programme was expanded to four different age groups, Football Fans in Training continued to improve the wellbeing of men and women, we enjoyed delivering our programmes in 71 primary schools, more SQA qualifications were achieved by young people than ever before and we were able to expand our ground breaking Diversity Wins programme alongside a number of European partner club foundations.

***“WERESPONDED TO 2,359 REQUESTS FOR SUPPORT AND PROVIDED A POSITIVE RESPONSE OR IN-KIND DONATION TO 88% OF THESE.”***

In addition, our expanded Rangers Charity Dream Fund has proved once again to be an invaluable way for us to hold out the hand of friendship to those in need of a boost. Providing a sincere and personal touch has always been important to the Foundation and we have been dedicated in showing compassion to those who have faced unique challenges, illness or bereavement during the past year.

Our key charity partnerships enable the Foundation to extend the generosity of the Rangers Family to a variety of good causes in Glasgow, across Scotland

and throughout the world. As well as highlighting the positive work of each charity partner, we aim to raise funds for particular projects and made a number of project donations during the year. Given the significant impact of COVID-19 upon our fundraising activities and financial position, the Foundation will continue to fundraise and maintain its relationships with a number of partners in order to meet our pledges over a slightly longer timescale.

COVID-19 has impacted our lives in profound ways and I am sure will continue to do so for some time to come. Since March, the Foundation has been tireless in its response to this crisis and in finding new ways to provide support to individuals and communities, whether via providing hundreds of weekly fun and educational worksheets for young people, facilitating a donation to provide a daily food service in Govan, sharing weekly football challenges and fitness sessions, supporting individual young people in the local area, providing outdoor activity sessions for the children of key workers, donating drinks, snacks and treats to hospitals to provide a free tuck shop for patients unable to receive visits from loved ones, supporting Unicef UK provide protective equipment for health workers around the world or arranging special videos of support from first team players for people in need of a special boost. Our supporters have been tireless too, and the fundraising success and dedication they showed by taking part in our Blue All Over Fun Run From Home was outstanding.

***“SINCE MARCH, THE FOUNDATION HAS BEEN TIRELESS IN ITS RESPONSE TO THIS CRISIS AND IN FINDING NEW WAYS TO PROVIDE SUPPORT.”***

I would like to extend enormous thanks on behalf of everyone at the Rangers Charity Foundation for such amazing support and pay continued tribute to the generosity and trust given to us by our many funders and partners.

The Foundation is also grateful to the players, staff and board at Rangers Football Club for the vital role they play in helping to champion our work on behalf of the Rangers Family.

Every year at the Foundation is unique, but perhaps this has been more unique than others. Despite its undoubted challenges our mission and our ability to be a force for good remain stronger than ever and I hope that you will enjoy reading about our activities and achievements in this Annual Review.



**Connal Cochrane**

A handwritten signature in blue ink that reads "Connal Cochrane".

Director  
Rangers Charity Foundation

# EDUCATION

## EMPOWERING A GENERATION

Education continues to be a cornerstone of the community work we deliver at the Rangers Charity Foundation. Thousands of young students are reached each year, providing them with the opportunity to learn, grow in confidence, have fun and get fit.

We work alongside schools to bring fun and informative sessions to children. Primary School education projects include:

- **Joy of Moving:** encouraging physical activity, promoting nutritional education and building awareness of the importance of a healthy diet to over 1,199 9-10 year olds this season.
- **GoFitba:** targeting children in the later stages of primary education. Coaches deliver physical activity sessions, followed by classroom based activities on diet and nutrition, including a free hot meal for all participants.
- **Old Firm Alliance:** delivered annually to 1,200 primary school children from some of Glasgow's most disadvantaged areas. Youngsters learn about anti-social behaviour, alcohol, drugs, hydration and healthy eating, as well developing their football skills.

- **GetReady4Sport:** Delivered to 2,582 pupils from primary 1 through to primary 3, encouraging them to get active and learn about their own health and fitness.

To support senior school pupils, we continue to deliver a 'Hub in the Community' at Govan High School – an initiative which will be expanding to two more schools in Glasgow next season. The unique project places a full-time Community Hub Officer on site. There is a strategic focus to support schools in raising attainment, increasing positive post school destinations, enhancing transitions links from primary to secondary school and having a universal impact in all areas and year groups within the school to help expand the young people's full potential through education.

Also based at Govan High is the 'School of Football' programme, which uses the power of the sport to engage with S1 – S2 pupils from areas of social deprivation with the aim of improving behaviour, motivation and communication skills amongst hard to reach groups.

'Ready2GetActive', which launched in 2018, welcomes senior pupils from local Complex Learning Needs schools to Ibrox for support with physical education.



# 1,199

PRIMARY STUDENTS  
ACROSS 20 SCHOOLS  
ENJOYED OUR JOY OF  
MOVING CLASSES

# 780

FREE HOT MEALS GIVEN  
TO PRIMARY SCHOOL  
CHILDREN VIA GOFITBA

# 2,582

PRIMARY 2 PUPILS  
SUPPORTED BY  
GETREADY4SPORT

# EMPLOYABILITY

CREATING OPPORTUNITIES FOR A BETTER FUTURE

We at the Foundation are committed to helping to break down barriers faced by people looking to achieve and sustain meaningful employment.

As an SQA Approved Centre, the Foundation proudly offers qualifications through the **'Wider Achievement'** programme, which recognises the life and work skills that come from a range of activities including sport, mentoring and sector specific work experience placements that better prepares young people for the world of work. There are a number of SQA Awards and other qualifications from SCQF levels 3 to 5 which are suitable for a wide range of learners and, in particular, vulnerable young people.

Our **'Ready4Employment'** programme offers individualised training to people aged over 18 who face substantial barriers to gaining employment or progressing their personal development. The six week course aims to improve job prospects by helping participants adjust to a work timetable whilst developing their skills and experience.

**'Coach4Success'** is an innovative programme aimed

at students in their senior phase at school, creating opportunities to kick-start a career in football coaching. Sessions help to enhance employability skills upon leaving school by providing professional coach mentoring, work experience and Scottish Football Association accredited coaching badges.

For young people aged 16 – 25 who are not in education, employment or training, the Foundation delivers **'Get Started with Rangers'**. In partnership with The Prince's Trust, the programme offers an intense week-long re-engagement programme with an emphasis on the sports industry.

This season, we also launched a weekly **'Job Club'** at Ibrox. The drop-in service provides practical help and support to anyone seeking work, through activities such as CV building and interview skills.

We at the Foundation are also delighted to be launching a new CashBack for Communities programme next season, which aims to re-engage prison-leavers and help them move towards a more positive future including working, volunteering or further education.



105

SQA AWARDS  
DELIVERED FROM  
AUGUST 2019 TO  
MARCH 2020

78

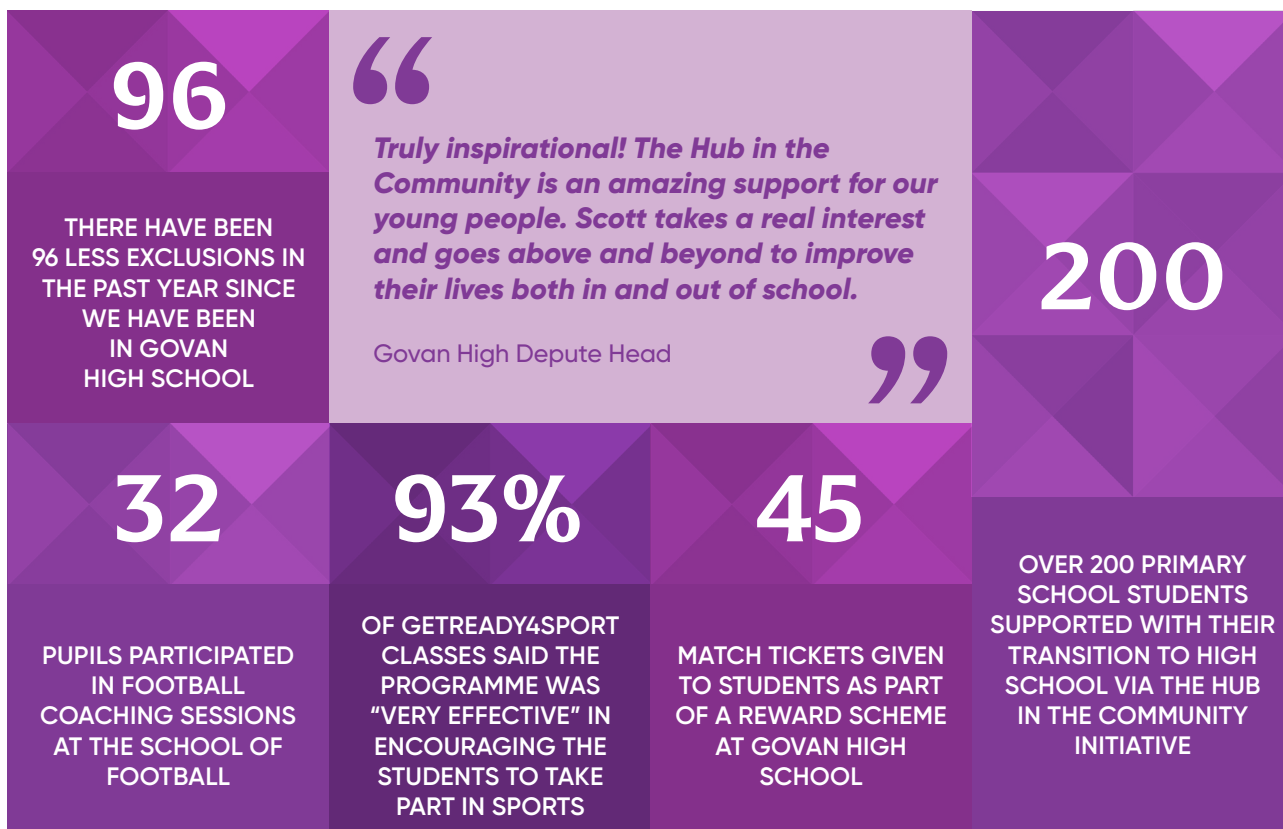
WIDER ACHIEVEMENT –  
78 PUPILS ATTAINED  
SQA AWARDS

303

THE TOTAL AMOUNT  
OF SQA AWARDS  
DELIVERED SINCE OUR  
CENTRE'S INCEPTION  
IN AUGUST 17

# EDUCATION

## FACTS AND FIGURES



# EMPLOYABILITY

## FACTS AND FIGURES



# HEALTH AND WELLBEING

HELPING TO CHANGE LIVES

Our Health and Wellbeing programmes are tailored for people of all ages and abilities.

One of the Foundation's most popular projects is **'Football Fans in Training'**, which offers males and females aged between 35 – 65 years the opportunity to improve their fitness, lose weight and train with fellow Rangers fans at Ibrox. This season, 147 adults lost a total of 577.55kg and 1,052cm around their waists.

Participants are also given the opportunity to enjoy a free continuation programme, **'FFIT For Life'**, which puts graduates through their paces at Ibrox with expert coaches.

Similarly, the **'Active Fans'** programme adopts a new European standard and methodology which uses football as a tool to reach adults who would like to get

physically active again, make lifestyle changes and improve their diets.

Adults aged over 50 are able to keep active and socialise thanks to our free **'Walking Football'** programme. 100% of participants said the sessions increased their levels of physical activity and helped their social relationships to become "good" or "excellent".

**'Football Memories'** helps to improve the lives of football fans with dementia by using images and memorabilia from the past to aid recall and memory.

To support people affected by addiction, we host a weekly **Recovery Drop-In** service to provide ongoing support, a safe environment and sense of camaraderie.

## BEFORE



## AFTER



147

ADULTS TOOK  
PART IN FFIT

30

PEOPLE TOOK PART  
IN WALKING FOOTBALL  
SESSIONS

1,052CM

LOST IN TOTAL FROM  
THE WAIST OF FFIT  
PARTICIPANTS

# DIVERSITY AND INCLUSION

A FOUNDATION FOR ALL

Diversity and Inclusion has been one of the Foundation's biggest areas for growth in recent years – and this season has been no different!

We are proud to have launched a new project, **'Diversity Wins in partnership with Show Racism the Red Card'**, which aims to raise awareness of diversity, foster social cohesion and reduce physical and verbal violence linked to racism. The programme is in partnership with the EFDN, as well as six other football clubs from across Europe, and was delivered to 471 primary students before lockdown.

Our flagship **'Diversity Wins'** programme was the first of its kind in the UK when it launched in 2018. It is delivered out of the Ibrox Community Hub to 700 primary pupils and aims to promote equality between young people and focuses on interactive antisectarianism and LGBT+ awareness sessions.

Free **'Autism Friendly Football'** and **'Visually Impaired**

**Football'** sessions also continue for youngsters. Children, who might not otherwise be able to enjoy mainstream football, work with expert coaches to develop their skills and confidence.

Outwith community delivery, the Foundation also supports Rangers Football Club's wider diversity and inclusion strategy – Everyone Anyone. This season, we have continued our work with CEMVO Scotland to help enhance relationships with ethnic minorities in Glasgow, chaired a 'Diversity and Inclusion Working Group' made up of club staff and external representatives, facilitated staff training, and worked alongside the club's LGBT+ supporters club, Ibrox Pride, to celebrate initiatives such as MardiGla and Rainbow Laces.

All this important work has culminated in the Foundation being honoured with, and shortlisted for, accolades from prestigious award bodies across the UK and Scotland.



## 700

PRIMARY CHILDREN RECEIVED LGBT AND ANTI-SECTARIANISM EDUCATION VIA OUR DIVERSITY WINS PROGRAMME

## 86

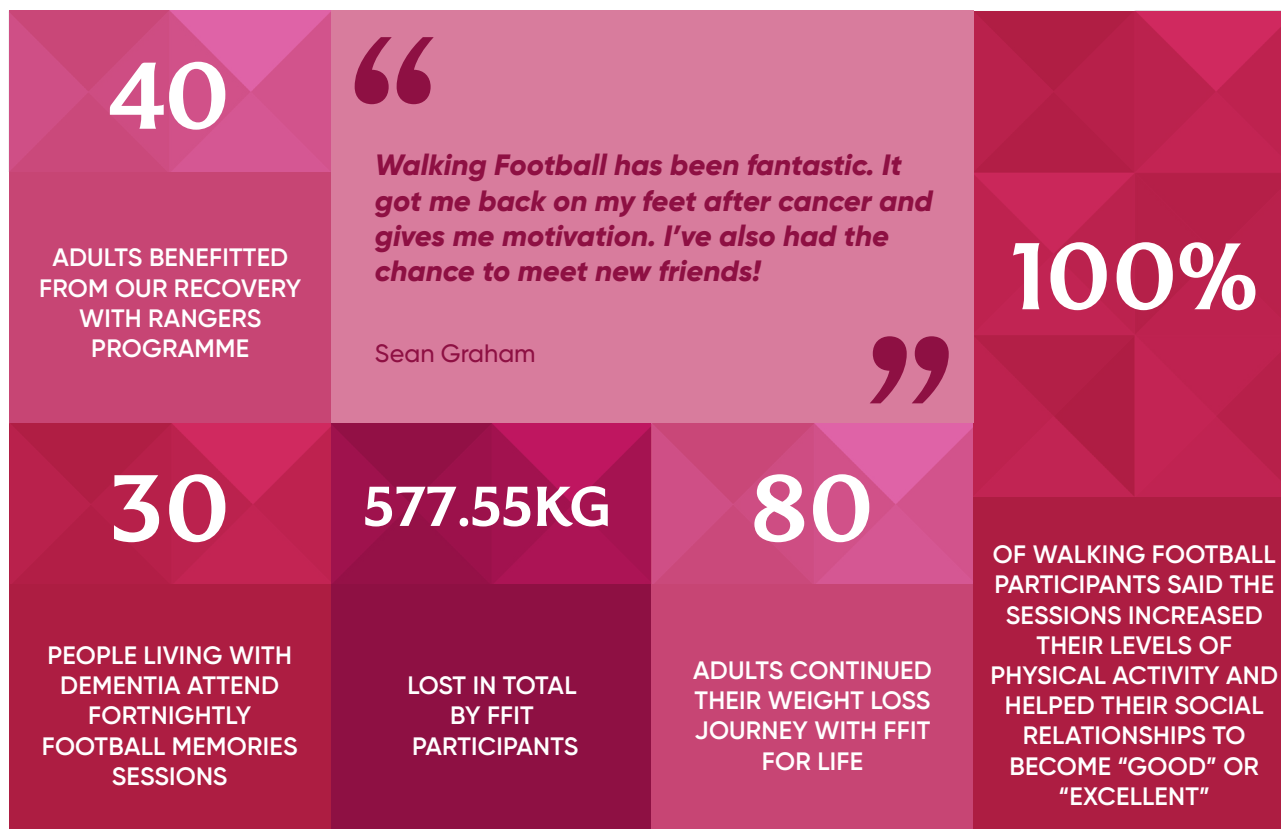
YOUNG PEOPLE ENJOYED FREE WEEKLY AUTISM FRIENDLY FOOTBALL SESSIONS

## 15

YOUNG PEOPLE BENEFITTED FROM FREE WEEKLY VISUALLY IMPAIRED FOOTBALL SESSIONS

# HEALTH AND WELLBEING

## FACTS AND FIGURES



# DIVERSITY AND INCLUSION

## FACTS AND FIGURES





# PARTNERSHIPS

## CHAMPIONS FOR CHARITY

Since teaming up with **UNICEF**, the world's leading children's charity, in 2008, the Foundation has donated £705,000 which has helped almost 2 million children around the world in projects focused on education, health and emergency relief.

This season, we were proud to enter a partnership with **Children 1st**, to help ensure every family in Scotland can get support from their home at the touch of a button when they need it.

We pledged to support Scotland's national children's charity with its Parentline service, via a donation of £20,000, which will enable the charity to fund 40 additional volunteers and help to ensure that the service remains free - meaning more families than ever in Scotland can get support!

The Foundation has also continued its support with local partners this season. '**Glasgow Children's Hospital Charity**' was able to fund Christmas decorations and licenses to stream films for patients throughout the month of December in its MediCinema, thanks to our £10,000 donation.

'**Glasgow City Mission**' received £30,000 from our Big Ibrox Sleep Out events to fund the charity's Winter Night Shelter for the month of March, offering a safe place for people living with homelessness to stay when it is still very cold. Although their doors were forced to close early due to COVID-19, the funding enabled guests to be redirected to hotel accommodation. We have so far donated £210,000 to homeless charities to date.

We at the Foundation are proud to have a long and proud tradition of working with services related charities and, along with the Club, hold an **MOD Employer Recognition Scheme Gold Award**. This season saw us partner with Erskine, Bravehound, SSAFA and the Govan Coming Home Centre to pledge our support to a wide range of initiatives.

The Foundation team also facilitated 16 bucket collections to take place at Ibrox on matchdays, supporting charities close to the hearts of others and our own, raising £63,520.



£210,000

DONATED TO  
HOMELESS PROJECTS  
TO DATE

£50,100

DONATED TO LOCAL,  
NATIONAL AND  
INTERNATIONAL  
CHARITIES

£705,000

DONATED  
TO UNICEF  
SINCE 2008

# EVENTS & TRUE BLUE HEROES

BRINGING THE RANGERS FAMILY TOGETHER

Fundraising events make it possible for the Foundation to support charity partners, deliver community programmes and more – so we're hugely thankful to all supporters who get involved with our initiatives and take on their own personal challenges.

Every person who raises £100 or more, in any way they like, becomes a True Blue Hero and is invited to receive an exclusive medal from a Rangers First Team player. Despite COVID-19, an incredible 1,388 people took part in our own events, raising £225,902. 625 people also became True Blue Heroes.

Some of the fundraising highlights include:

- The Foundation's Annual Ball, which, this season, took guests on a journey to a vintage circus, where they helped us raise £94,000.
- Ibrox Stair Challenge, which saw over 150 fans climb every step in the stadium, raising more than £20,000.
- Our ever-popular Big Ibrox Sleep Outs, which enabled

supporters to stay overnight at the home of Rangers Football Club – raising £60,000 for Glasgow City Mission's Winter Night Shelter and our Foundation.

- Rangers players, Ryan Jack and Greg Stewart, helped fans raise £4,700 for the Foundation by supporting our Race Night at Ibrox in February.
- Although the Blue All Over Fun Run couldn't take place as planned at Ibrox, hundreds of fans took on the 5km challenge from home in lockdown, raising an incredible £25,000 despite all the odds.

Fans also took on their own challenges, including our long-term supporter David Smith. David clocked up an incredible 200 miles over six days en route to Rangers away match at Ross County, raising thousands for the Foundation.

We would like to take this opportunity to thank all our fundraisers and True Blue Heroes, whose dedication and support has made a huge difference in such an uncertain and difficult year.



**£25,000+**

RAISED FROM  
OUR BLUE ALL OVER  
FUN RUN  
FROM HOME

**£94,000**

RAISED AT  
OUR CIRCUS  
CHARITY BALL

**294**

FANS RAISED £60,000  
VIA OUR BIG IBROX  
SLEEP OUTS

# DREAM DAYS AND OUR LOCAL COMMUNITY

## CREATING SMILES AND BEING A GOOD NEIGHBOUR

We at the Rangers Charity Foundation are passionate about bringing smiles to the faces of those who are in need of a boost.

Our Dream Fund is used to pay for special Rangers experiences throughout the season for children and adults, whose lives have been impacted by the likes of disability, illness or other difficult circumstances. This season 105 children, adults and families were welcomed to Ibrox or the Rangers Training Centre – including Dougie who went viral after receiving the surprise of his life! Watch his story on Rangers FC's YouTube page.

Our local community is central to the Foundation's approach, working with groups, organisations and individuals to help build strong relationships and an enjoyable place for all. Activities this season included:

- Enabling fans to once again donate groceries to local food banks via a collection at Ibrox, taking our total to 8.3 tons worth over five seasons.

- Inviting 48 children and 90 pensioners to Ibrox for special Christmas celebrations, including food, entertainment, gifts and surprise appearances from the Rangers FC Captain for the youngsters and Rangers Legends for our older guests.

- Arranging for supporters to meet up and 'Keep Ibrox Beautiful' by collecting litter from the streets in the vicinity of the stadium.

- The Foundation continues to play a role in Govan Thriving Place, the Govan Jobs Match initiative and Learning for Life and Work Theme Group.

We also want football to be accessible for all. Our Tickets for Good scheme meant 280 people, who ordinarily wouldn't have been able to attend a football match, were gifted matchday tickets.

The Foundation also arranged for a disabled supporter to enjoy a matchday ticket, along with two additional tickets for their carers and a car-park pass, at every home game this season before lockdown.



**£63,520**

RAISED ACROSS 16  
BUCKET COLLECTIONS  
FOR VARIOUS CHARITIES  
AT IBROX

**2 TONNES**

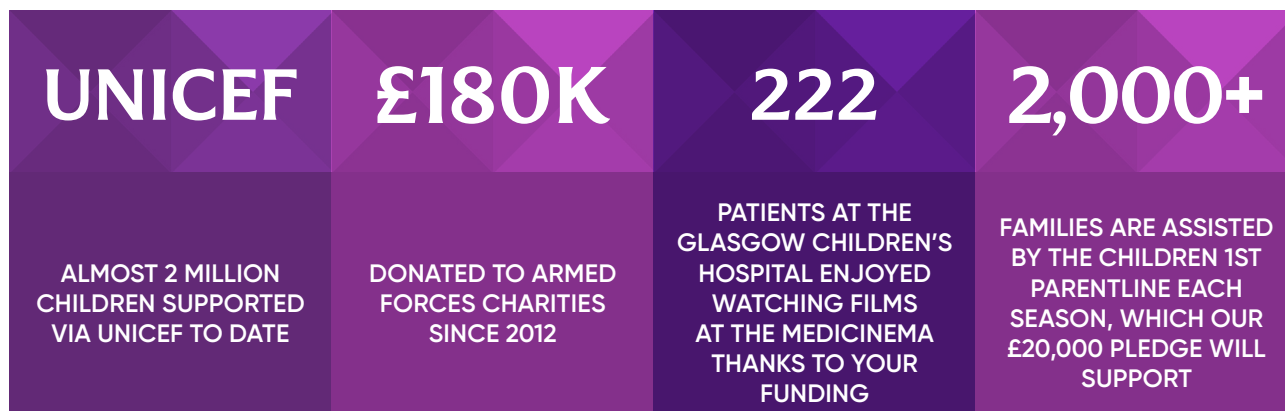
OF GROCERIES AS  
WELL AS £10,000  
DONATED FROM  
THE FOUNDATION

**280**

FREE MATCHDAY  
TICKETS DONATED AS  
PART OF OUR TICKETS  
FOR GOOD SCHEME

# PARTNERSHIPS

## FACTS AND FIGURES



# EVENTS & TRUE BLUE HEROES

## FACTS AND FIGURES



# DREAM DAYS AND OUR LOCAL COMMUNITY

## FACTS AND FIGURES



# COVID-19

#AFOUNDATIONFROMHOME

Like many charities, the Foundation has been significantly impacted by COVID-19, including the postponement of all events and programmes. To ensure that we could continue to support people during lockdown, the #AFoundationFromHome campaign was born.

## #AFoundationFromHome support included:

- Developing weekly training schedules, along with supporting training video recorded by our community coaches and Foundation staff, which have been shared with participants on our Football Fans in Training programme.
  - Sending out weekly challenge videos to our Autism Friendly Football and Visually Impaired Football participants.
  - Developing fun and educational resources for children by creating a weekly series of worksheets and activities. As well as being able to access these new resources online, we also sent the worksheets to hundreds of families for free, as well as to 36 partner primary schools across Glasgow, CEMVO Scotland and to children being impacted with homelessness via the Scottish Ahlul Bayt Society.
  - Donating treats, puzzles and books to a free Tuck Shop service for patients who were unable to receive visits from loved ones at Glasgow Royal Infirmary and the Queen Elizabeth University Hospital.
  - Creating and sending out weekly videos which captured highlights and stats about Rangers Legends, to support our Football Memories participants.
  - Supporting our International Partner Unicef's global appeal to help health care workers around the world via our £15,000. This donation could provide 15,000 health care professionals with respiratory masks to help keep them safe at work.
  - Facilitating a £5,000 donation from The Steven Gerrard Foundation to the local Govan Youth Information Project. This provided funding for three weeks, to help extend their daily food service for young people and their families in the Govan area.
  - Arranging special individual video messages from Rangers first team players and the Manager for a number of Dream Fund nominees who were need of a boost.
  - Helping to ensure that some of the most vulnerable pupils and their families, or those who need additional support at Govan High School, were receiving weekly telephone calls from our Govan High Hub Officer.
  - Making sure that the hard-working pupils taking part in our SQA accredited activities still had their qualifications certificated, ready to help them progress when opportunities are once again available.
  - Sharing information as part of a network of local organisations about vital local services and useful contact numbers for local people in the community who are in need of support or assistance from different services.
  - Remaining open to enquiries from fans, who we supported via letters and signed merchandise for fundraising purposes and personal support.
- To find out more about #AFoundationFromHome, and to hear directly from the people it supported, visit our website for a three-part video series



3,233

FREE EDUCATIONAL  
WORKSHEETS POSTED  
TO CHILDREN

£2,000

WORTH OF TREATS  
DONATED TO GLASGOW  
HOSPITAL PATIENTS

5,293,592

SOCIAL MEDIA  
IMPRESSIONS  
GENERATED FROM  
#AFOUNDATIONFROMHOME  
CONTENT BEFORE  
THE END OF JULY

# THANK YOU!

TOGETHER WE MAKE THE WORLD A BETTER PLACE

We would like to thank everyone who has supported us over the last year, for offering their time, support and generosity. Without their commitment, the Foundation and our partners would not be able to make the difference we do today.

From all our volunteers and fans who donated their change on matchdays, to the fundraisers who took on personal challenges for us and the businesses and organisations who have supported us throughout the year – we are truly grateful to you all. Together, we have made a bigger difference than ever before.

In particular, we want to say a special thank you to the following individuals and organisations:

32Red, Andy Goram, AS Scaffolding, Balfour Beatty, Bell Group UK, Blue Parrot Events Group, Big Think Agency, BME Services, Brian Thomson, Cdr Gary Farmer, CEMVO Scotland, Club 1872, Community Safety Glasgow, Curtis Moore Group, Dakota Deluxe Glasgow, David Tanner, Elaine Johnston, Elixir UK, Football is More Foundation, Forrest Precision Engineering, Frank & Cindy Graham, Glasgow Clyde College, Hilton Glasgow, House of Fraser, Glasgow Life, Ian Hart, Jackie Campbell, Jim Traynor, John & Yvonne Bennett, Jorg Albertz, Karen Watson, Keysigns Ltd, L&S Litho, LetMeRepair UK, Lochaber True Blues RSC, Lowland Reserve Forces' and Cadets' Association, Lynn Nicholson, Mar Hall, Mark Hateley, Marco Negri, Michael Mols, NARSA, Norman Porteous, Park's Motor Group, PTC Financial Advice Ltd, PTS Clean, Radisson Blu Hotel, Rangers Football Club (Directors, Football Management, Staff and Players), Rangers Supporters Association, Richard Martin & Julie Donigan, Ryan Greig, Satty Singh, Shearers Candles, Scotrae Productions, Scott Marshall, Scottish Fire & Rescue, Scottish Qualifications Authority, Shabir Beg, Sheena McGregor, Sir Chris Hoy, Slaters, Tennents, The Army, The Badger Loyal RSC, The Drover's Inn, The Glynhill Hotel, The Hydro, The Kirkwood Family, The Little Café, The RAF, The Royal Navy, The Steven Gerrard Foundation, The Well Foundation, Tunnocks, UNICEF, Watson Towers, Willie Paterson

We would also like to acknowledge our external funders as without their generosity we would not be able to run so many of our vital community programmes. They are:

Active Fans (Erasmus+ Programme, EFDN), Autism Football (Better Breaks), Visually Impaired Football (Scottish Football Association, Better Breaks), Coach4Success (East Dunbartonshire Council), Coach4Tomorrow (Glasgow City Council, East Dunbartonshire Council, Clyde College), FFIT Men (SPFL Trust), FFIT Women (SPFL Trust), Get Started with Rangers (Prince's Trust), Glasgow Veterans United (Glasgow's Helping Heroes), GoFitba (The National Lottery Community Fund Scotland and the SFPT), Hub in the Community at Govan High School (Govan High School, The Robertson Trust), Old Firm Alliance (Glasgow City Council), Joy of Moving (Ferrero and SPFL Trust), Ready2GetActive (Glasgow City Council), Ready4Employment (DWP), Recovery Drop-In (South Community Recovery Network), Diversity Wins (Glasgow City Council), School of Football (SFA Cashback for Communities and Govan High), Senior Citizens Christmas Lunch (SPFL Trust – Festive Friends), Show Racism the Red Card (European Union, EFDN), Walking Football (Club 1872), Wider Achievement (Glasgow City Council, Buchanan High School, Castlemilk High School, Hillpark Secondary School, John Paul Academy and St Paul's High), #AFoundationFromHome (Scottish Government Wellbeing Fund)

# SEASON 20/21

READY





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Charity No: **SC047681**