



RANGERS
CHARITY
FOUNDATION



ANNUAL REVIEW 2024 - 2025

A FORCE FOR GOOD



WELCOME TO OUR ANNUAL REVIEW FOR SEASON 2024/2025



It's been a powerful year of impact and positive outcomes for the Rangers Charity Foundation. The diversity of our work is remarkable, and we recognise the unique ability we have to respond to needs within society, wisely and with compassion.

The trust placed in us by those using our services is something which we cherish, as we continue to champion our mission to support people of all ages to change their lives for the better.

We are a Foundation for: Potential; Healthy Lives; Everyone and Anyone; A Better World; Our Local Community; Giving and Dreams, and we are committed, through these seven pillars, to making a powerful difference for people of all ages.

On behalf of everyone at the Foundation, I would like to share my thanks to our supporters, charity partners, event and programme sponsors, volunteers, friends, funders and the many thousands of people we have engaged with through our programmes and initiatives during the year.

I hope that you enjoy reading our Annual Review and that you'll feel truly inspired by the incredible work of the Rangers Charity Foundation.

A handwritten signature in black ink, reading 'Connal Cochrane'.

Connal Cochrane

Chief Executive
Rangers Charity Foundation

SEASON 2024/25 HIGHLIGHTS



Healthy Lives

- 23 Football Memories sessions (for those with dementia) delivered at Ibrox
- FFIT participants lost a combined 401kg in weight
- 211 adults visited our Recovery Drop In Service



Dreams

- 80 people benefitted from a Dream Day experience
- 388 letters of support sent to those in need of a boost
- 60 children experiencing illness or hardship attended our Christmas Party



Fundraising

- A record £118,000 raised at our Back To The 80's Charity Ball
- £60,000 raised at our Broxi's Challenge event at Ibrox
- 597 supporters became True Blue Heroes



Wider Achievement

- Pupils from 20 schools attended our SQA Programme of Wider Achievement
- Schools from 8 local authorities partnered with the Foundation
- 257 young people benefitted from the programme



Charity Partners

- £20,000 donated to National Charity Partner SAMH
- £17,000 donated to homeless charities in Glasgow
- £10,000 donated to our Armed Forces Fund partners



Qualifications

- 319 young people gained an SQA qualification
- 236 young people gained a First Aid at Work Award
- 191 young people gained a First Aid for Mental Health Award



CashBack

- 81 participants completed the programme
- 92.6% felt less inclined to participate in anti-social behaviour
- 96.3% gained accreditation for a new skill



Everyone and Anyone

- 832 pupils benefitted from our Diversity Wins programme
- 95% of teachers rated programme content as good or excellent
- 104 young people attended our Autism Friendly Football sessions

A FOUNDATION FOR

Potential

Offering life changing opportunities in education and pathways towards employment

Thanks to our wide-reaching community programmes, thousands of young people are given meaningful opportunities to learn new skills, grow in confidence, and improve their future prospects. These initiatives help young people not only become more employable but also identify and pursue other positive destinations, such as training, further education, and long-term personal development.

One of our flagship programmes, CashBack for Communities – Towards New Futures, continues to make a significant impact. This initiative is designed to re-engage young people who are leaving prison or have experience within the criminal justice system. This season, we engaged 178 young people through the programme, offering a clear path forward through structured support and skill-building.

Notably, we expanded our referral pathways to now include Youth Courts and Diversion from Prosecution, making the programme even more accessible to those it is designed to benefit. We've also strengthened relationships with local partners such as St Paul's Youth Forum and Timpson's, who helped deliver practical, hands-on workshops at the Ibrox Community Complex.

It was another successful year for our SQA Programme of Wider Achievement, which saw 20 schools from eight local authorities participate. This initiative plays a vital role in supporting young people who may be disengaged from traditional education, providing a new route to success through the delivery of SQA-accredited qualifications; all made possible by the Foundation's status as a SQA Approved Centre.

Our Hub in the Community initiative continues to thrive across four high schools in Glasgow. Each school benefits from having at least one full-time Foundation staff member on the campus, helping improve both attendance and attainment. Due to the growing success of the programme, we have now recruited a second Hub Officer to further support young people at Whitehill Secondary School.

“

One of the biggest differences for me is my confidence. Since I've been here, the people around me have really inspired me.

Lucy

”

Impact Story – Lucy

Lucy, 17, a former pupil of St Andrew's Secondary School, was disengaged in the traditional learning environment. Through involvement in three of our potential-focused programmes, Lucy has grown in confidence, gained qualifications, and earned a college place for 2025:

“I completed the Wider Achievement programme first, then Towards Better Futures, and finally the CashBack course. The school were good in the sense that they identified that I might find it better working with the Foundation because I'm really into sports.”

Lucy credits the three programmes with getting her more relevant qualifications:

“Coming here and completing National 4s and 5s has set me up to go ahead and do something that I want to.”





11,392

DELIVERY HOURS
UNDER OUR
POTENTIAL PILLAR

1,760

SCHOOL PUPILS ENGAGED
IN OUR HUB IN THE
COMMUNITY PROGRAMME

2,261

PEOPLE PARTICIPATED
IN A POTENTIAL
FOCUSED PROGRAMME

A FOUNDATION FOR *Healthy Lives*

Supporting children and adults to improve their health and wellbeing

Our wide-ranging programmes are designed to support people of all ages, including older adults, young children, and everyone in between through a diverse and impactful set of initiatives focused on enhancing overall health and wellbeing. Under our Healthy Lives pillar, we remain committed to delivering accessible, tailored support that meets the physical and mental health needs of our participants, helping them live healthier, more connected lives.

This season saw significant expansion in our support for veterans with the introduction of two dedicated initiatives. Veterans At Ease, a 14-week programme, launched in August 2024, offers veterans focused support around mental wellbeing. Made possible through funding from the Armed Forces Covenant Fund Trust, this initiative provides structured guidance and allows participants with similar lived experiences to come together and connect.

Following this, in spring 2025, we launched Glasgow Veterans United, a free walking football programme exclusively for veterans. Delivered in partnership with Glasgow's Helping Heroes and funded by the Veterans' Foundation, the programme builds on the success of Veterans At Ease, offering participants a positive, inclusive environment to stay active and socially connected after completing the mental wellbeing course.

Thanks to the continued support of Rangers FC's Official Sleeve Partner, BOXT, we've also been able to sustain two long running and impactful programmes: Walking Football and Football Memories (for those suffering from dementia). These are consistently well-attended and provide a powerful sense of togetherness, enjoyment, and belonging for those who take part.

Our Football Fans In Training programme with the SPFL Trust continues to be popular, with participants across four blocks collectively losing an impressive 401 kilograms this season, highlighting the life-changing impact of the initiative. Meanwhile, our Recovery Drop-In sessions continue to benefit people in the local community, with 211 individuals accessing support on Mondays and Wednesdays for addiction recovery.

“

***I am proud to say that I'm now three years clean.
It's amazing to think that for 40 years I couldn't go a day
without using.***

Alex

”

Impact Story – Alex

Addiction can take hold of a person's life in ways that are difficult to escape, but Alex's story shows that recovery is possible with the right support and determination.

Alex has attended – and now volunteers at – our Recovery Drop-In sessions which provide a safe and friendly place for local people recovering from addiction.

Alex's struggles began at an early age and shaped much of his life:

“When I left school, before I knew it, I had a needle in my arm at the age of 16. From that point on, my life revolved around using hard drugs.”

“Everything had been utter carnage from the age of 12 to 52, which is when I was introduced to Recovery Drop-In.”

“My life has changed dramatically since attending Recovery. I feel more at peace within myself, and I've got more self-esteem and self-worth, which has turned me into the person I am today.”





2,250

PEOPLE ENGAGED WITH
A HEALTHY LIVES
PROGRAMME

145

MEN ATTENDED
OUR TEAM TALK
SESSIONS

30

VETERANS SUPPORTED
BY OUR VETERANS
PROGRAMMES

A FOUNDATION FOR *Everyone and Anyone*

Championing diversity and inclusion for all

The Foundation remains wholeheartedly committed to celebrating, promoting, and championing diversity and inclusion. This commitment is at the heart of the programmes we deliver under our Everyone and Anyone banner, as well as throughout our broader work across the community.

Following the successful initial phase of our Count Me In programme – designed for young adults with learning disabilities – we were thrilled to receive support from the Back to the 80's Charity Ball attendees, whose generous support will fund an additional 50 sessions. The programme continues to provide a safe and inclusive environment for participants. In August last year, a team of Count Me In participants proudly travelled to Switzerland to represent the Foundation at an international Football Is More tournament, marking a significant milestone for the group.

Our Autism Friendly Football sessions remain a cornerstone of our inclusive offering, providing young people with autism the opportunity to enjoy structured, engaging football sessions in a supportive environment. These sessions not only help participants become more active and socially connected but also offer valuable respite and peer support for parents and carers. With Count Me In now available, some older participants who have aged out of Autism Friendly Football can continue their football journey.

We were also delighted to announce the continuation of our Visually Impaired Football programme, thanks to new funding from the Powell Family Foundation. This support ensures the programme can keep delivering accessible and enjoyable football opportunities for young people with visual impairments.

Our pioneering Diversity Wins programme launched in 2018 as the first of its kind in the UK was delivered to 832 primary pupils this season. Run in collaboration with Glasgow City Council, it educates P6 and P7 students on key issues such as discrimination, stereotyping, prejudice, and employability.

As part of our shared commitment to inclusion, both Rangers Football Club and the Foundation proudly participated once again in Glasgow's Pride March.

“

Before Count Me In, sometimes things could be really hard. So, coming here gave him the opportunity for somewhere to go outside and play football.

Cheryl

”

Impact Story – Luke and Cheryl's Story

Luke is an energetic, kind-hearted young man who has faced challenges socially but loves football. Last year, Luke was introduced to our Count Me In programme.

Luke's Auntie Cheryl said:

“Luke absolutely loves Count Me In. This is his favourite thing to do every week. He's been much happier since it started. He's matured an awful lot too since joining. His actual football skills have got much better.”

“I mean the initiative has been absolutely amazing for him. When you see him at home and he's out kicking the ball about by himself with no one else, it absolutely breaks your heart. Then when you see him coming here, he's included, he feels involved, he feels no different than other kids that are here. So he fits in and he absolutely loves it.”





56

YOUNG PEOPLE AND THEIR CARERS
BENEFITTED FROM OUR VISUALLY IMPAIRED
FOOTBALL SESSIONS

976

PEOPLE PARTICIPATED
IN OUR EVERYONE ANYONE
PROGRAMMES

18

YOUNG ADULTS SUPPORTED
BY OUR COUNT ME IN
PROGRAMME

COMMUNITY PROGRAMMES

Healthy Lives

2,250 participants received 2,242 delivery hours



FOOTBALL FANS IN TRAINING

Hugely successful health and fitness programme for overweight men and women aged 35 to 65.



FFIT FOR LIFE

Programme helping those who have completed FFIT maintain and build on their health and fitness successes.



THE CHANGING ROOM

Targets men aged 30 to 64 and works to help participants better self-manage their mental health and support one another.



TEAM TALK

Weekly support group helping adult men open up about mental wellbeing, build their social circle and raise confidence and coping skills.



TEAM TALK FOOTBALL

Supporting men's physical and mental wellbeing through the power of football.



RECOVERY DROP-IN

Peer-led weekly session for adults in recovery from drug or alcohol addiction which includes recovery meetings, access to support and a safe space to socialise.



GET READY FOR SPORT

Our early primary years health and wellbeing programme which encourages kids to get active and learn about health.



JOY OF MOVING

School-based programme for 9-10 year olds which encourages physical activity and delivers nutritional education.



WALKING FOOTBALL

Free programme for anyone over 50 who wants to play football in a safe, non-contact environment.



GLASGOW VETERANS UNITED

Free weekly football session for all veterans offering social support, fitness and camaraderie.



FOOTBALL MEMORIES

Helps to improve the lives of football fans with dementia by using football images and memorabilia from the past to aid recall and memory.



SCOTTISH FA EXTRA TIME

Providing free after school and holiday activity clubs for primary school aged children.



VETERANS AT EASE

A 14 week mental wellbeing programme for veterans.

Potential

2,261 participants received 11,392 delivery hours



TOWARDS BETTER FUTURES

Encompasses two programmes – helping school leavers secure employment or a positive destination and supporting S3 pupils who have disengaged from mainstream education.



CASHBACK FOR COMMUNITIES TOWARDS NEW FUTURES

Engages young people with experience of the criminal justice system and supports them in moving towards employment, volunteering or further education.



HUBS IN THE COMMUNITY

Partnership with four Glasgow schools which sees a Hub Officer based fulltime in school to mentor vulnerable pupils and be a universal support.



WIDER ACHIEVEMENT

Helps young people re-engage with their education by providing access to SQA qualifications and life skills in an empathetic, vocational environment.



READY FOR UNI

Assisting young people preparing for the transition between school and university.



LEAP WITH KING'S TRUST

Learning Employability Achieve Programme is a transition programme for school leavers unsure of their next steps.

Everyone and Anyone

976 participants received 488 delivery hours



COUNT ME IN

A bespoke programme providing young adults with a learning disability with access to football.



VISUALLY IMPAIRED FOOTBALL

Free football sessions with trained coaches for visually impaired young people of all abilities, aged 8 – 18.



AUTISM FRIENDLY FOOTBALL

Weekly free football sessions with trained coaches for youngsters aged 5 – 16 on the autistic spectrum.



DIVERSITY WINS

Project for P6 and 7 children focusing on discrimination, prejudice, stereotyping, equality and employability.

Our total hours of cumulative programme delivery over the season equated to programmes taking place

24 HOURS PER DAY FOR 594 DAYS

A FOUNDATION FOR *A Better World*

Building powerful partnerships across the country

The Rangers Charity Foundation aims to make the world a better place by working with charities in the local community and across the country. To date, we have donated close to £7 million in cash and in-kind support, helping thousands of individuals, grass roots organisations and charities spanning a range of important causes including health, children and young people, disabilities and homelessness.

For season 2024/25, we worked with SAMH (Scottish Action For Mental Health) as our National Charity Partner, donating £20,000 towards a groundbreaking new initiative called The Nook, which will revolutionise access to support by creating the nation's first ever network of free walk-in mental health hubs, as well as helping the charity to spread important messages about mental health.

We also continued to support local partners, helping Glasgow Children's Hospital Charity bring the magic of the festive season to the wards by funding Christmas trees and decorations, as well as specialist sleep monitoring equipment, thanks to a £10,000 donation.

Glasgow City Mission and Simon Community Scotland benefited from our Big Ibrox Sleep Out events, taking our total donated to homeless projects to over £358,000 to date. We have worked with Glasgow City Mission for more than a decade now, supporting projects such as the Winter Night Shelter, the Overnight Welcome Centre and more recently a Housing Settlement project. This season's donation also helped fund Simon Community Scotland's new Connect Hub for women experiencing homelessness in Glasgow.

The Rangers Charity Foundation has a long and proud tradition of working with services related charities and, along with the Club, holds a Ministry of Defence Employer Recognition Scheme Gold Award. This season we donated £10,000 in total to Forces Children Scotland and Tragedy Assistance Programme For Survivors (TAPS) through our Armed Forces Fund, taking our total donations to date to an incredible £261,000 to services-related charities.

Impact Story – TAPS

Two families of fallen US and British military heroes were hosted by the Foundation and Club as part of our partnership with TAPS, supporting bereaved military families.

Erin Blais and her twin daughters, Molly and Lillian, spent time at Ibrox with Vicky Bovington and her daughters, Elizabeth and Isabelle, while honouring the life and service of MSgt Scott Blais and LNN Thomas Bovington.

Erin said, "You feel very lonely and isolated, but this gave my kids the opportunity to spend time with other kids just like them."

Vicky added, "This has given the children a chance to smile and have fun and meet another family who have gone through the loss of someone they love. Spending time with people who just get it means that there is no taboo subject. There are no barriers to our conversation."

“

The day my husband died I felt so alone, and now I feel like we've gained a whole other family.

Erin

”





10 YEARS

WORKING WITH
GLASGOW CITY MISSION
ON HOMELESS PROJECTS

OVER 80

SAMH MENTAL WELLBEING
POSTS SHARED
ON SOCIAL MEDIA

£261,000

DONATED TO
ARMED FORCES CHARITIES
TO DATE

A FOUNDATION FOR

Dreams

Making Dreams come true for those who need it most

This season the Foundation continued to bring smiles to the faces of people whose lives have been impacted by serious illness, disability or bereavement and are in need of a boost through the Rangers Charity Dream Fund.

The Foundation was delighted to be able to host two special Dream Days this season. 22 Dream Day nominees and their guests were invited to the Rangers Training Centre and had the chance to meet the Men's First Team players and management team. Then they enjoyed an autograph session, exclusive access to watch team training, lunch at Ibrox and a Museum Tour.

Another highlight was our annual Dream Fund Christmas party. Children living with life limiting illnesses and in other difficult circumstances were treated to entertainment, games and food as well as a surprise visit from Rangers stars Jefté, Robbie Fraser and Mason Munn.

Our Dream Day Matchday Experiences this season offered guests a day to remember. These included special meet and greets with Rangers First Team players pre-match before a tour of the trophy room and the chance to experience the match with hospitality.

“

I think the Rangers Charity Foundation Dream Days are really important. As players and staff, we want to give back to fans. You hear so many special stories and it's a really big motivation.

James Tavernier

”

Impact Story – Pamela

Lifelong Rangers fan Pamela, 39, was nominated by her mum because she has bravely battled gastric failure and Addison's disease for several years. She enjoyed a Dream Day at Ibrox with her dad and cousin in April 2025.

Pamela was also presented with a special Rangers top printed with 'Groovy Chick' on the back by her teenage idol Barry Ferguson.

She said: "Today has been absolutely a dream; the Rangers Dream. A lot of the time when you are ill, the time you spend with your family tends to be going to the hospital so it's nice to have something away from that we can share."





388

SUPPORTERS WHO WERE IN NEED OF A BOOST
RECEIVED A LETTER FROM EITHER A FIRST TEAM
PLAYER OR THE HEAD COACH

70

NOMINEES HAD A DREAM DAY
OR DREAM MATCHDAY EXPERIENCE
WITH THEIR FAMILIES

60

CHILDREN ATTENDED THE DREAM FUND
CHILDREN'S CHRISTMAS PARTY
AT IBROX STADIUM

A FOUNDATION FOR

Our Local Community

Being a good neighbour by supporting and working with local people

Being a good and trusted neighbour is important to the Rangers Charity Foundation and we are proud to continue to play an active part in supporting other organisations in the local community, as well as individuals.

Our refurbished Ibrox Community Complex is now used for a range of community programmes available at no cost to local people, such as Walking Football, Recovery Drop In, our weekly Saturday Night Youth Hub (which provides access for 8-18 year olds to football, indoor sports and games, supervised by our community coaches) and Scottish FA Extra Time which provides free after-school care to pupils from Ibrox Primary School to assist local parents.

We gave our discretionary funding of up to £500 to a range of local organisations, including to Community Veterans Support in Govan towards a new minibus, Water Row towards vouchers for food or utilities for local residents and Corkerhill/Mosspark Community Council for improving the community gardens. We also continue to support Govan Youth Information Project by taking our Joy of Moving kids' festivals there every week throughout the summer holidays.

Supporters generously donated to the Foundation's foodbank collection on 4th December at the game against Kilmarnock FC, with the food and other items collected split between Glasgow South West Foodbank (Ibrox Church) and Riverside Primary School Foodbank, which is a service accessed by local school pupils and families.

Matchday bucket collections supported a wide range of local organisations this season, including Community Veterans Support which is a drop-in centre in Govan for Armed Forces veterans and Brightest Star which provides support to bereaved families.

At Christmas time, we welcomed 80 local senior citizens to Ibrox for a special Christmas lunch with entertainment as part of the SPFL Trust's Festive Friends initiative.

“

I play football a lot when I'm here and it's the thing I enjoy the most. I get to eat healthy snacks and get lots of help with my homework as well.

Grayson, 5 - SFA Extra Time attendee

”

212

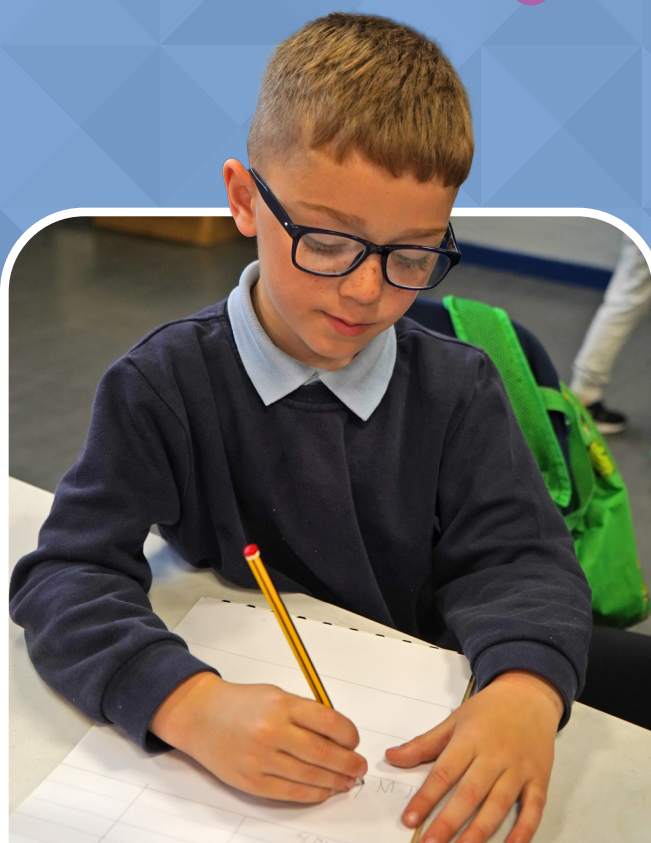
LOCAL FAMILIES RECEIVED FREE
CHILDCARE IN SFA EXTRA TIME

18

FREE COMMUNITY PROGRAMMES RUN IN THE
IBROX COMMUNITY COMPLEX

80

SENIOR CITIZENS HOSTED
FOR CHRISTMAS LUNCH



A FOUNDATION FOR

Giving

Enabling others to support causes and people close to their hearts

The Foundation supports as many people as possible who are raising funds for causes close to their hearts.

Over the past year we responded to 2,453 requests for support from people raising money for a wide variety of worthwhile causes and grassroots projects and were able to help with an amazing 96% of these requests.

Thanks to our discretionary grants fund we also donated vital funds to organisations including several working with the elderly and veterans, charities alleviating poverty and a Christmas Toy Bank. The Foundation also purchased and installed a defibrillator at local junior football team St Anthony's FC who play at McKenna Park, which is one mile from Ibrox Stadium. This is on an external fence to be available to the local community in an emergency.

We provided a wide range of charities and other good causes with the opportunity to hold a can collection at Ibrox Stadium, donated complimentary match tickets to individuals and community groups, send letters and goodie bags to children and adults in hospital and donated football kits and equipment to children in Africa.

The Foundation provides two free wheelchair space for every home game to people who might not otherwise be able to attend. One of our guests was Toby who enjoyed a great day out at Ibrox with his family, with the added bonus of receiving a signed picture and letter.

“

Toby had a wonderful time at the game and the seats were fantastic! He was absolutely buzzing with his letter and signed picture from James Tavernier.

Colin Patterson, Toby's Dad

”

400

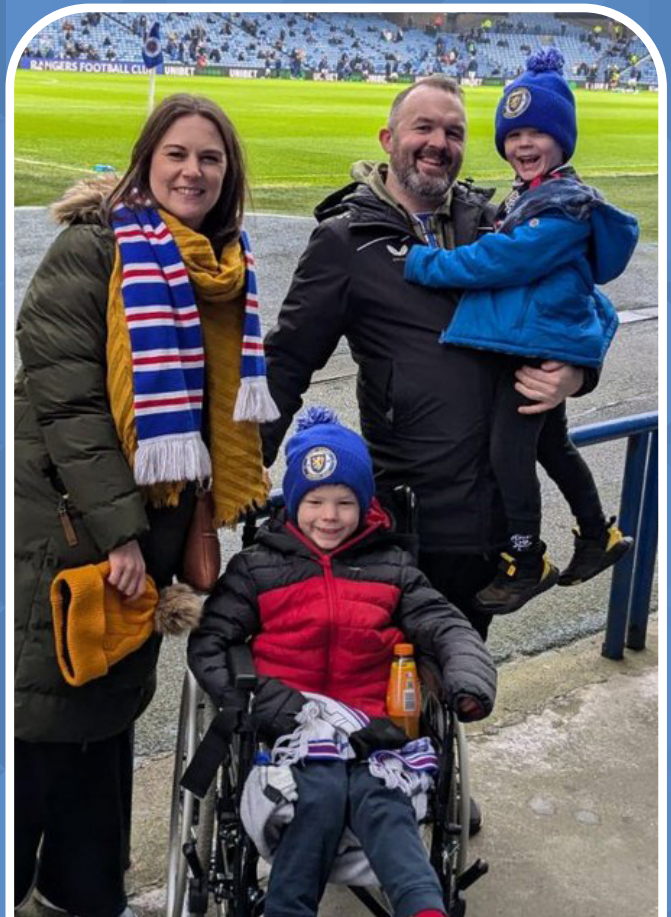
MATCH TICKETS WERE DONATED TO GOOD CAUSES
VIA OUR TICKETS FOR GOOD INITIATIVE

60

WHEELCHAIR USERS WERE ABLE TO ATTEND IBROX
THANKS TO OUR WHEELCHAIR ACCESSIBLE SPACE

13

ORGANISATIONS BENEFITTED FROM MATCH DAY
BUCKET COLLECTIONS FOR GOOD CAUSES



Simply The Best Supporters

FUNDRAISING

The generous support and commitment of our fundraisers allows us to carry out our vital work in the community and our collaborations with local and national charity partners to make a real difference to thousands of lives across Scotland. From attending our events and buying our merchandise to running, climbing and sleeping out in the cold, our supporters really do go above and beyond for the Foundation!

Just some of our fundraising highlights this season include –

- Our 'Back to The 80's Charity Ball was a fantastic night of music and entertainment and raised a record breaking £118,000!
- 108 supporters braved the cold to take part in our Big Ibrox Sleep Outs at Ibrox and raised over £35,000 for the Foundation and our Community Charity Partners, Glasgow City Mission and Simon Community Scotland
- The Club and players donated poppy jerseys which were auctioned and raffled to raise over £6,000
- Our Red, Night and Blue Midnight Walk event at Ibrox saw 186 supporters take on a 10K at midnight around the pitch and raise over £34,000
- Over 50 fans climbed the UK's highest peak in our Bears Up Ben Nevis challenge which raised over £13,000
- Young supporters enjoyed a great day out at our Broxi's Challenge event, which was a massive success yet again with 300 children raising an incredible £60,000
- We sold over 7,400 items of merchandise over the course of the season, including Mother's and Father's Day cards, bobble hats, keyrings, pin badges, Christmas Cards, socks and bottle openers

“

“I play at the Ibrox Community Complex on Mondays at the Foundation's Team Talk Football programme and Thursdays at Walking Football. Being able to come here has been great for my mental health so it's amazing that so many participants have fundraised and are helping give back to a charity that's helped a lot of us so much.”

John Thomson, Walking Football Tournament participant

”





1,468

PEOPLE TOOK PART IN OUR
FUNDRAISING ACTIVITIES

£385,000

AMOUNT RAISED BY OUR
INCREDIBLE SUPPORTERS!

597

SUPPORTERS BECAME
TRUE BLUE HEROES

Thank You



The Rangers Charity Foundation would like to thank all our supporters, partners, volunteers, sponsors, funders, and of course everyone at Rangers Football Club for everything they do for the Foundation.



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